



# Birregurra Primary School Newsletter

*'Living & Learning Together'*

Term 4, Week 8 – 20<sup>th</sup> November 2023

Birregurra Primary School is a child safe organisation which welcomes all children, young people and their families.

We are committed to providing environments where our students are safe and feel safe, where their participation is valued, their views respected, and their voices are heard about decisions that affect their lives. Our child safe policies, strategies and practices are inclusive of the needs of all children and students.

We have no tolerance for child abuse and take proactive steps to identify and manage any risks of harm to students in our school environments. Particular attention is given to the child safety needs of Aboriginal students, those from culturally and linguistically diverse backgrounds, international students, students with disabilities, those unable to live at home, children and young people who identify as LGBTQ+ and other students experiencing risk or vulnerability. Child safety is a shared responsibility.

## Our Vision

An inclusive community that supports and encourages a love of learning and the skills and mindset to thrive.

## Our School Values

**Community** - growing positive partnerships between school, home and the broader community

**Aspire** - setting goals and purposefully working towards their achievement

**Respect** - for self, others, learning and our environment

**Excellence** - striving for the highest personal achievement in all aspects of schooling.

## From the Principal's Desk

Welcome to Week 8! Our school continues to be a hive of activity with many wonderful learning opportunities taking place. Our second round of clubs is in full swing with students enjoying working in multi-age groups.



## School Council

Last Monday night we held our November School Council meeting. Reports presented and accepted include Principal report, Junior School Council, P & F and Buildings and Grounds reports. The main items discussed include:

- Bike Education Challenge – **results to be announced at assembly this week!**
- 3/4 Camp
- Stomp dance sessions, school concert scheduled for Tuesday 12<sup>th</sup> December
- Talent Quest / Market Day – Thursday 30<sup>th</sup> November, pop it on your calendar!
- Tutor Learning Initiative continuation for 2024 and 2025
- P-2 & 3-6 End of Year excursions – **these will be fully funded by the Department's**

## Wellbeing boost fund

- 2024 enrolments and staffing – projected enrolment of 112
- 2024 Primary and Secondary school transitions
- School Performance Report released with pleasing results
- Updating of digital devices
- Staff Professional Learning outlined
- Curriculum Reports from classroom teachers

We also ratified finance reports for September and October. The 2024 Parent Payment Arrangements Policy was endorsed and the Mobile Phone Policy reviewed and endorsed,

more information regarding these policies can be found below. If you wish to know more about any of the other above items, please feel free to chat to a school council member. Our final school council meeting is scheduled for **Wednesday 6<sup>th</sup> December**.

## Stomp

Our Stomp sessions began last week, with high energy on display in the multipurpose room. We look forward to welcoming them back this Tuesday for our second session!



School Councillors – Rob Lidgerwood (President) Luke Fitzpatrick, Claire Leeson, Abbey Gannon, Kelly Dodds, Emma Mezzatesta, Emily McDonald, Alistair Burrell, Brendan King.

## Thanks

Our 2023 Book Fair has now closed. Massive thanks to the parents that helped with the running of the Book Fair in the mornings and afternoons over the past two weeks. It was another huge success and has enabled our school to increase the number of books within each classroom. Thanks to the whole school community for supporting the 2023 Book Fair!



## Transitions

Our Grade 6 students will engage in their second 'Small Schools Big Connections' transition day today. We are looking forward to welcoming other local Grade 6's back to our school to further strengthen connections ahead of their formal secondary school transition days in December. Josh Goonan, our local policeman will also visit to share some important knowledge around navigating the digital world as our students transition to secondary school.

We welcome our 2024 Prep students back this Friday for their second transition session. Our new students will be onsite from 9:00-11:30am, having the opportunity to enjoy recess time.

## 2023 Birregurra Primary School Major Raffle

Our 2023 Birregurra Primary School Major Raffle features over \$6,000 in prizes. With only one week to go before the raffle is drawn, we encourage you to jump online and purchase a \$5 ticket! Tickets can be purchased at <https://rafflelink.com.au/bps2023>. Win a share of the amazing prizes from Brae Restaurant, Yalloak House, Yield, Otway Harvest Trail, Whoorel Station Olives, Royal Mail Hotel Birregurra, Otway Artisan, Otways Distillery, Tarndie Farm, Otway Valley, Alt Road, La Caseta, The Otway Kitchen, and The Store Deans Marsh. Huge thanks to all that have donated and purchased tickets so far!

## 2024 Parent Payment Arrangements

Our 2024 Parent Payment Arrangements have been endorsed by school council. In our school, we are mindful of costs for families and strive to keep fees as low as possible. For 2024, Parent Payment Arrangements will be \$280 per student. This amount covers all necessary items for the year, including exercise books, handwriting books, stationery, paper, whiteboards, art materials, etc., as well as access to a one-to-one digital device. Families are not required to supply any of these items.

In addition, our 2024 Parent Payment Arrangements also includes our whole school swimming program, Life Education incursions, and online subscriptions. Our ability to offer these additional benefits relies on our strategic use of all funds, including locally raised funds, and on families fulfilling their curriculum contributions. For a detailed outline of the Parent Payment Arrangements, please click [here](#).

## Mobile Phone Policy

Our Mobile Phones Policy has been updated to include specific information regarding 'smart watches.' A smart watch is a watch with access to a cellular (telecommunication) system, with or without a physical connection to a network. With an increasing number of students wearing these devices, it is important for families and students to understand the policy. Students who choose to bring smart watches to school can wear them; **however**, they must have them switched to 'school mode' or a similar setting during school hours. Students who use their personal mobile phones or smart watches inappropriately at Birregurra Primary School may be issued with consequences consistent with our school's existing student engagement policies. A copy of the updated Mobile Phone Policy is available on our website [here](#).

## Reminders

- This **Thursday 23<sup>rd</sup> of November** is a common PPD where the teachers will be working on report development. **This is a student free day.**
- A reminder we are finalising parent payments for 2023 to support budgeting for 2024. Please contact the office if you require more detail on your payment status.

Thanks for your ongoing support. Please contact either your child's teacher or myself if you have any questions, queries or wonderings. Have a wonderful week.

Jess Kattwinkel & team

## Dates for the diary ...

Monday 20 <sup>th</sup> November	- Grade 6 Small Schools Big Connections Day
Tuesday 21 <sup>st</sup> November	- Breakfast Club 8.15am - Stomp dance lessons
Thursday 23 <sup>rd</sup> November	- <b>Common Day - No Students at School</b>
Friday 24 <sup>th</sup> November	- Assembly 2.45pm - Prep Transition 9:00-11:30am
Tuesday 28 <sup>th</sup> November	- Breakfast Club 8.15am - Stomp dance lessons
Thursday 30 <sup>th</sup> November	- Talent Quest / Market Day
Friday 1 <sup>st</sup> December	- Prep Transition 9:00am-2:15pm
Monday 4 <sup>th</sup> December	- Grade 6 Small Schools Transition Day for students attending Trinity College
Tuesday 5 <sup>th</sup> December	- Breakfast Club 8.15am - Stomp dance lessons - Grade 6 Small Schools Transition Day for students attending Colac Secondary College
Wednesday 6 <sup>th</sup> December	- School Council 6.00pm
Friday 8 <sup>th</sup> December	- Assembly 2.45pm
Monday 11 <sup>th</sup> December	- Semester Two reports available on XUNO
Tuesday 12 <sup>th</sup> December	- Breakfast Club 8.15am - Stomp dance lessons - CSC & Trinity Orientation Day - School Concert & Grade 6 Graduation
Thursday 14 <sup>th</sup> December	- P-2 excursion to Marine Discovery Centre in Queenscliff - 3-6 excursion to Lorne foreshore - Go Ride a Wave
Monday 18 <sup>th</sup> December	- Final Assembly 2.45pm
Tuesday 19 <sup>th</sup> December	- Colour Run - Last day of school for students - normal dismissal
Wednesday 20 <sup>th</sup> December	- Curriculum Day
2024	
Monday 29 <sup>th</sup> January	- Term 1, 2024 commences for Staff - No Students
Tuesday 30 <sup>th</sup> January	- Curriculum Day - No Students
Wednesday 31 <sup>st</sup> January	- Term 1, 2024 commences for all students

WISHING THE FOLLOWING  
STUDENTS

A VERY HAPPY BIRTHDAY

November

21<sup>st</sup> Eliza C

23<sup>rd</sup> Xavier K



# HEALTH & WELLBEING

## SLEEP AS A PROTECTIVE BEHAVIOUR

Over the course of the second semester, we have been implementing a new survey with our 4-6 students to track protective behaviours. Protective behaviours are those that have a positive influence on overall health and wellbeing.

The graphs below indicate a 3-week trend down in sleep patterns as a protective behaviour for our Year 4-6 students. This data has been collected from the Pivot Wellbeing survey we are currently trialling with year 4-6 students. I believe it timely to highlight this, given the importance of sleep for children, and the adverse effect lack of quality sleep has on learning, emotions and behaviour.

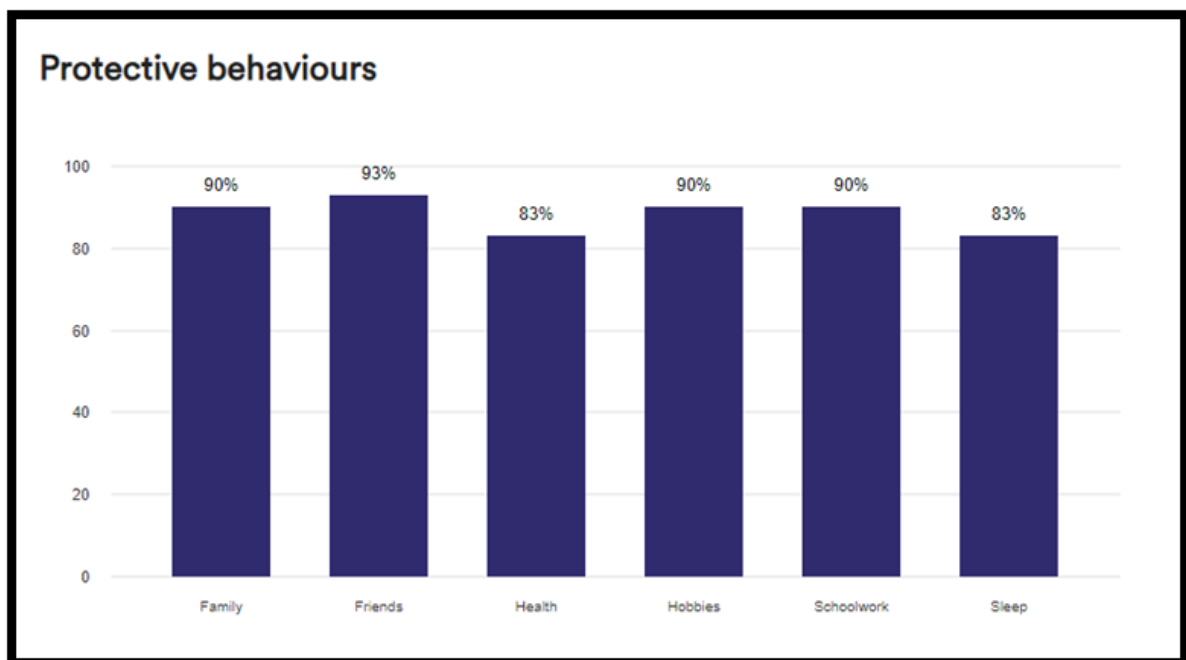
The data clearly indicates a downward trend in student's sleep habits and more interestingly it is observed that sleep is also the lowest recorded protective behaviour in each survey across the six domains recorded.

The impact of insufficient sleep on behaviour is profound, influencing mood, attention, and cognitive function. Primary age children, typically between 6 and 12 years old, require 9 to 12 hours of sleep per night for optimal health.

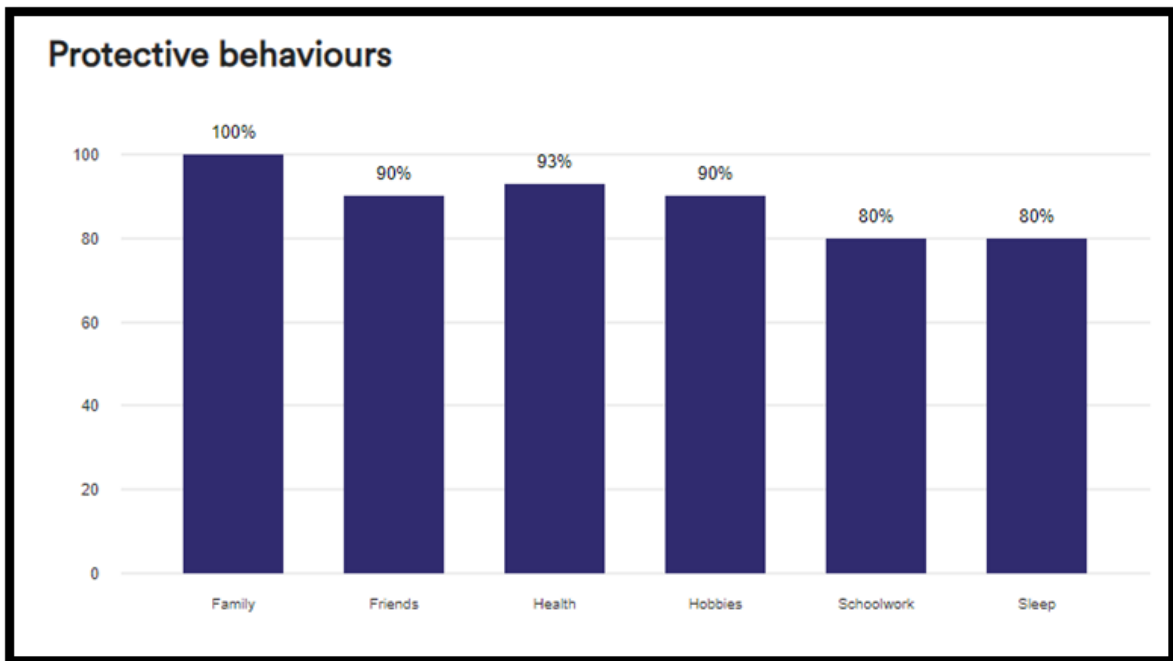
When sleep is compromised, children may exhibit irritability, difficulty concentrating, and emotional volatility. Additionally, a lack of sleep can contribute to behavioural issues such as impulsivity and hyperactivity. Consistent and quality sleep not only fosters physical growth but also supports the consolidation of learning and the regulation of emotions.

Parents and caregivers play a crucial role in establishing healthy sleep routines to ensure that children get the recommended amount of sleep for their age group.

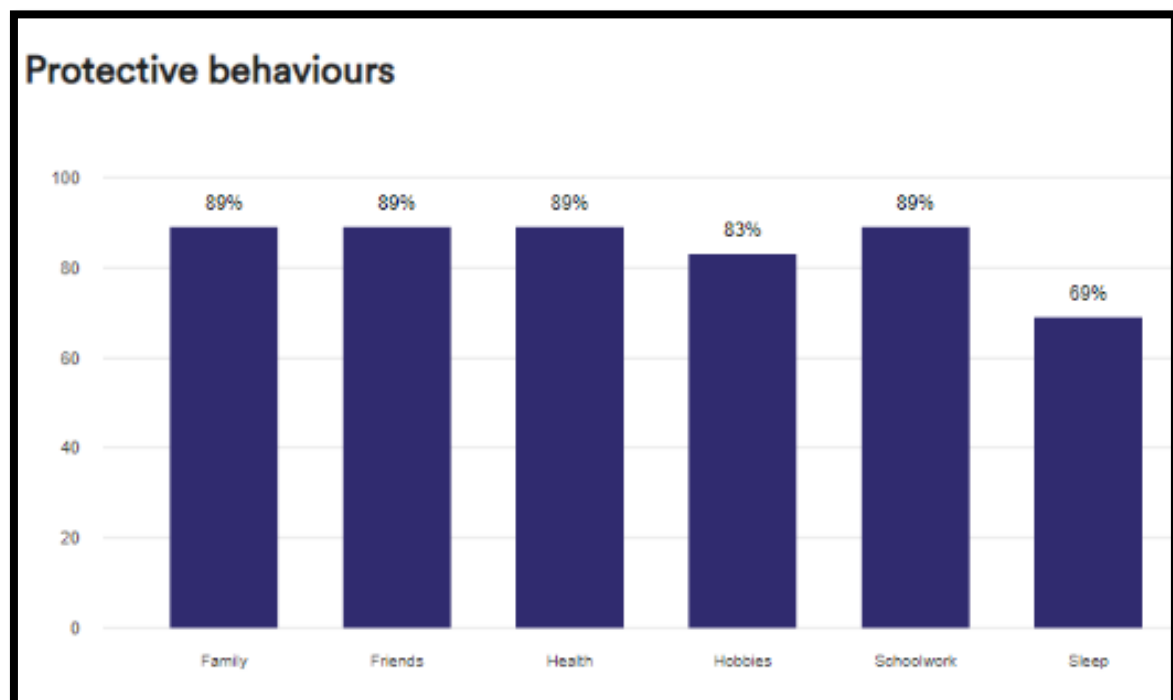
- Mr King



Week 5



**Week 6**



**Week 7**







BIRREGURRA PRIMARY  
SCHOOL

# END OF YEAR CONCERT & *Graduation*



Tuesday  
12 December



5.15pm Picnic  
6pm Concert



Birregurra  
Hall







Join Us

for our annual

# COLOR RUN

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TUESDAY 19TH DEC  
2PM

\$2 per participant  
Birregurra Primary School



# Birregurra Primary School Barefoot Bowls

Friday 1st March 2024

Birregurra Bowling Club, 58 Roadknight St.

6pm - 9pm

BBQ and Bar at Birregurra Bowling Club prices  
BYO Nibbles



**Click here to RSVP**  
by 2nd February 2024



# RAFFLE

help us reach our fundraising goal!

## YOU COULD WIN:

### 1<sup>st</sup> Prize - valued at \$2,500

*An indulgent getaway for 2 at Brae Restaurant.*

### 2<sup>nd</sup> Prize - valued at \$1,200

*A two night stay for up to 4 guests at the historic Yalloak House.*

### 3<sup>rd</sup> Prize - valued at \$880

*A dinner for 4 with matching wines at Yield Restaurant.*

### 4<sup>th</sup> Prize - valued at \$800

*An Otway Harvest Trail Hamper.*

### 5<sup>th</sup> Prize - valued at \$380

*A one night stay for up to 4 guests at Whoorel Station Olives.*

### 6<sup>th</sup> Prize - valued at \$200

*A dinner for 4 at the Royal Mail Hotel, Birregurra.*

### 7<sup>th</sup> Prize - valued at \$100

*A delicious breakfast or lunch for 4 at Otway Artisan Gluten Free.*

## TICKETS ONLY: \$5

## YOUR SUPPORT WILL:

Funds raised from this raffle will contribute to much needed ongoing renovations at the school, providing inspiring new spaces for the children of Birregurra to thrive, now and into the future.

## BUY YOUR TICKETS HERE

[www.rafflelink.com.au/bps2023](http://www.rafflelink.com.au/bps2023)



## RAFFLE CLOSES:

Friday the 27<sup>th</sup> November 2023 – 9am



 **raffle**  
**LINK**  
Brighter Fundraising

[www.rafflelink.com.au](http://www.rafflelink.com.au)