



Birregurra Primary School Newsletter

'Living & Learning Together'

Term 4, Week 4 – 23rd October 2023

Birregurra Primary School is a child safe organisation which welcomes all children, young people and their families.

We are committed to providing environments where our students are safe and feel safe, where their participation is valued, their views respected, and their voices are heard about decisions that affect their lives. Our child safe policies, strategies and practices are inclusive of the needs of all children and students.

We have no tolerance for child abuse and take proactive steps to identify and manage any risks of harm to students in our school environments. Particular attention is given to the child safety needs of Aboriginal students, those from culturally and linguistically diverse backgrounds, international students, students with disabilities, those unable to live at home, children and young people who identify as LGBTIQ+ and other students experiencing risk or vulnerability. Child safety is a shared responsibility.

Our Vision

An inclusive community that supports and encourages a love of learning and the skills and mindset to thrive.

Our School Values

Community - growing positive partnerships between school, home and the broader community

Aspire - setting goals and purposefully working towards their achievement

Respect - for self, others, learning and our environment

Excellence - striving for the highest personal achievement in all aspects of schooling.

From the Principal's Desk

Welcome to Week 4! It's an exciting week ahead for our 3/4 students as we head off to Anglesea.

Small Schools, Big Connections

Last Wednesday marked Day One of our Small Schools, Big Connections transition days. We warmly welcomed Grade 6 students from Beeac, Alvie, Deans Marsh, and Forrest to our school for a series of activities aimed at fostering positive interactions and easing the transition to secondary school. Although some students seemed reserved at the start of the day, it was heartening to witness students from all schools eventually interacting and sharing smiles. A team from Trinity College also joined us, providing valuable information for those attending their school next year. The next session, scheduled for Monday November 20th, will have representatives from Colac Secondary College engaging with students who will be attending CSC in 2024. Overall, the day was a great success and we look forward to Day Two where students can further develop positive connections.



Bike Education Challenge

Last Thursday, nine of our 5/6 students represented our school at the Bike Ed Challenge held at the Colac Showgrounds. This was the first year our school has participated in the event. The course involved a range of stations and obstacles that our students had to navigate, utilising the skills and knowledge learnt throughout our Bike Education program. This included hand signals, slow riding, obeying road signals, road rules, and navigating roundabouts. Despite some initial nerves, all nine students did a sensational job. We will now await the results of the challenge which will be shared at an upcoming assembly. Well done to the challenge team – Georgia, Beau, Mitch, Tilly, Samson, Genesa, Hugh, Tyrell, and Eve!

3/4 Camp

Today, our 3/4 students, accompanied by Mr King, Miss McGregor, Miss Hannah (Monday), Mrs Bath (Monday night/Tuesday), and myself, are heading off to Camp Wilkin in Anglesea for an action-packed two days. The camp promises to be an incredible opportunity for our young adventurers to explore, discover, and bond with their peers in an immersive outdoor setting. Camp provides numerous benefits for young learners. They have the opportunity to connect with nature, build teamwork and leadership skills, and create lasting memories with their peers. It's an excellent way for students to step outside their comfort zones and learn new things in an outdoor, hands-on environment. I would like to extend my thanks to the staff attending the camp and giving their time to provide such an opportunity for our students. We look forward to sharing all about our camp upon our return.

World Teachers Day – Friday 27th October



This year, World Teachers' Day is on **Friday 27 October**, an opportunity to say thank you for the incredible contributions teachers and education support staff make to our community everyday. They empower young minds, preparing them for a world filled with opportunities and challenges. The impact of their work extends far beyond the classroom.

On behalf of the school community, I express a heartfelt appreciation to all of the Birregurra PS team for their hard work and dedication. I encourage you to take a moment to express your gratitude and appreciation to our teachers and education support staff too. A simple thank-you can go a long way in acknowledging the remarkable work they do.

School Councillors – Rob Lidgerwood (President) Luke Fitzpatrick, Claire Leeson, Abbey Gannon, Kelly Dodds, Emma Mezzatesta, Emily McDonald, Alistair Burrell, Brendan King.

2023 Birregurra Primary School Major Raffle

Our 2023 Birregurra Primary School Major Raffle is open featuring over \$6,000 in prizes. We extend our thanks to Jules and Dan at Brae Restaurant, as well the other fabulous local businesses that have helped make this year's raffle our most successful yet. This year, some of our region's favourite food, wine, and travel experiences have come together to raise funds for our school's new learning spaces. Jump online and purchase a \$5 ticket online at <https://rafflelink.com.au/bps2023> for a chance to win a share of over \$6,000 in prizes from Brae Restaurant, Yalloak House, Yield, Otway Harvest Trail, Whoorel Station Olives, Royal Mail Hotel Birregurra, Otway Artisan, Otways Distillery, Tardie Farm, Otway Valley, Alt Road, La Caseta, The Otway Kitchen, and The Store Deans Marsh.



Dealing with distressing online content

With the tragic and distressing events unfolding in the Middle East, Australia's independent regulator for online safety, [eSafety](#), has issued guidance to help parents and carers support their children in dealing with distressing online content.



The eSafety website has [resources for parents and carers](#) about online safety. These include information on extra precautions you can take to protect your children from seeing disturbing content online.

eSafety encourage parents and carers supporting young people who may be more vulnerable to check in with them. If they are presenting with signs of distress, support is available through external services including:

- [headspace](#): 1800 650 890
- [Kids Helpline](#): 1800 551 800
- [Lifeline](#): 13 11 14
- [Beyond Blue](#): 1300 224 636

Protecting against mosquito-borne diseases

Victoria's mosquito season started this month and will extend to late April 2024.

Warm and wet weather can result in greater numbers of mosquitoes and increased risk of illnesses from mosquito bites. While the overall risk is low, some mosquitoes carry diseases that make people sick.

The best protection against mosquito-borne illness is to avoid mosquito bites. Families can protect against mosquito bites by:

- covering up as much as possible with long, loose-fitting, light-coloured clothing
- applying insect repellent that contains picaridin or DEET on exposed skin when leaving home
- limiting outdoor activity if lots of mosquitoes are active.

To reduce the risk of illness linked to mosquitos, such as [Buruli ulcer](#), promptly wash any new scratches or cuts with soap and clean water and apply a topical antiseptic and dressing. Families with any health concerns should see their doctor or phone [NURSE-ON-CALL](#): 1300 606 024 (available 24 hours).

Reminders

- Breakfast Club is on Tuesday morning @ 8:15am
- Lunch orders are available weekly via Quickcliq, orders due Thursday 9:00am for Friday delivery.
- Please communicate changes to afternoon arrangements to your child's teacher via diary, SeeSaw or Xuno or by phoning the office.

Have a wonderful week everyone!

Jess Kattwinkel & team

Dates for the diary ...

Monday 23 rd October - Tuesday 24 th October	- Grade 3/4 Camp Wilkin - Anglesea
Tuesday 24 th October	- Breakfast Club 8.15am
Friday 27 th October	- World Teachers Day - Book Club Orders due by 9am - Assembly 2.45pm
Tuesday 31 st October	- Breakfast Club 8.15am - Lorne School Band performance @ Birre
Friday 3 rd November	- Inter School Cricket - (selected senior students)
Tuesday 7 th November	- Melbourne Cup Public Holiday - no school
Friday 10 th November	- Assembly 2.45pm - Prep Transition 9:00-11:00am
Monday 13 th November	- School Council 6:30pm
Tuesday 14 th November	- Breakfast Club 8.15am
Monday 20 th November	- Grade 6 Small Schools Big Connections Day
Tuesday 21 st November	- Breakfast Club 8.15am
Thursday 23 rd November	- Curriculum Day - No Students at School
Friday 24 th November	- Assembly 2.45pm - Prep Transition 9:00-11:30am



BIRRE & DEANS MARSH HOOPS!

PREP & GRADE 1 BOYS & GIRLS
MONDAYS 3.30 – 4.15 PM
BIRRE RECREATION RESERVE
WITH COACH PIA

6 WEEK PROGRAM
MONDAY 23RD October – MON 27TH November

\$40 Registration Includes SIZE 5 BASKETBALL

EMAIL: BIRREDEMONSBC@OUTLOOK.COM

WISHING THE FOLLOWING
STUDENTS

A VERY HAPPY BIRTHDAY

October

23rd

Tilly J



HEALTH & WELLBEING



PLAY

GEELONG SUMMER HUB

PLAY FOOTY WITH YOUR FRIEND AND FAMILY THROUGH
VARIOUS OFFERINGS ALL SUMMER LONG

PLAY NAB AFL AUSKICK

- 4 weeks \$40
- For participants aged 5-8



PLAY AFL SUPERKICK

- 5 weeks \$50
- For participants aged 8-12

PLAY AFL NINES YOUTH & OPEN

- Youth - \$65pp for participants aged 13-18
- Open - \$100pp for participants older than 18



FIND YOUR LOCAL SUMMER
HUB & SIGN UP NOW!



Auskick & Superkick



Nines

The weak can never forgive. Forgiveness is the attribute of the strong

– Mahatma Gandhi

Today's spotlight is on **Forgiveness**.

Letting go of grudges and forgiving others who made mistakes.

Forgiveness is a strength which is closely related to other strengths of Temperance, including Humility, Prudence and Self-regulation. Temperance is a positive trait that protects us from excess and help us to monitor and manage emotions, motivation and behaviour in the absence of outside help. These strengths are interpersonal, and are about building and maintaining strong relationships with others.

Kids high in the character strength of **forgiveness** are comfortable forgiving others and bringing understanding when they've been wronged.

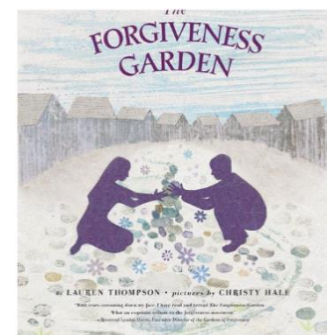
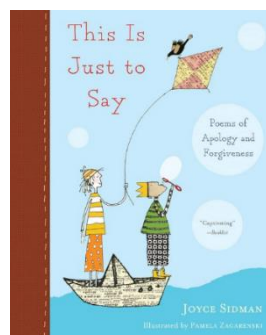
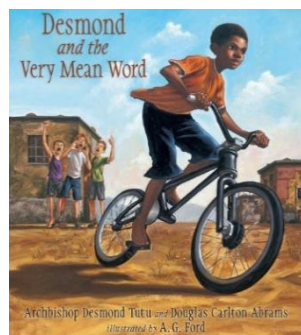
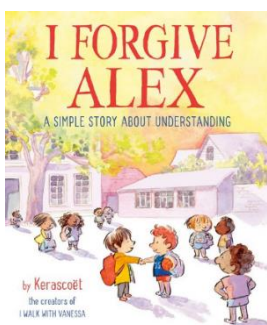


SUGGESTED FORGIVENESS ACTIVITIES

Write a forgiveness letter without sending it. Start by thinking of someone from your past that you hold a grudge against. Describe what they did to upset you, then write about how holding this grudge is affecting you and how it is affecting the other person.

Movie: Coco (PG)

Suggested reading to help explore forgiveness and related elements of apology, acceptance and humanity:



...Sue
Institute of Positive Education
Character Kids Lit

RAFFLE

help us reach our fundraising goal!

YOU COULD WIN:

1st Prize - valued at \$2,500

An indulgent getaway for 2 at Brae Restaurant.

2nd Prize - valued at \$1,200

A two night stay for up to 4 guests at the historic Yalloak House.

3rd Prize - valued at \$880

A dinner for 4 with matching wines at Yield Restaurant.

4th Prize - valued at \$800

An Otway Harvest Trail Hamper.

5th Prize - valued at \$380

A one night stay for up to 4 guests at Whoorel Station Olives.

6th Prize - valued at \$200

A dinner for 4 at the Royal Mail Hotel, Birregurra.

6th Prize - valued at \$200

A delicious breakfast or lunch for 4 at Otway Artisan Gluten Free.

TICKETS ONLY: \$5

YOUR SUPPORT WILL:

Funds raised from this raffle will contribute to much needed ongoing renovations at the school, providing inspiring new spaces for the children of Birregurra to thrive, now and into the future.

BUY YOUR TICKETS HERE

www.rafflelink.com.au/bps2023



RAFFLE CLOSES:

Friday the 27th November 2023 – 9am



www.rafflelink.com.au



Fresh North Queensland Mangoes

Direct from the farm to you!

Support Our Mango Fundraiser

If you *love mangoes*, here's your chance to indulge in fresh juicy Kensington Pride mangoes and support our fundraising drive.

We are selling trays of mangoes picked and packed during the premium harvest.

Cost per Tray is: \$27

Place your order by: 27th October 2023

Order: Via below link or QR code

[Order Here](#) Money raised will be used for the building upgrade at the Kinder.

For Further information contact:

Nickeeta 0417688558 or

Secretary@birregurra.kindergarten.vic.gov.au

